

COVID-19 Safety Plan for Sailing

Conditions of Entry & Participation

In order to run our 130th season of the Historical 18Ft Skiff Racing (Racing) members, spectators, volunteers and participants must comply with the SFS sailing specific COVID-19 Safety Plan, as well as the clubhouse specific COVID-19 Safety Plan when inside the clubhouse, copies of both are available on the SFS website.

The club has maintained, and continues to maintain, rigorous compliance with all Public Health Orders in the protection of its patrons and to ensure our ongoing compliance with the Public Health Orders, as well as to minimise the risk of an outbreak associated with our club.

We reiterate the following critical requirements related to attendance at the club and participation in sailing.

All participants, volunteers, visitors and guests must read and understand these requirements, and commit to observing them.

Critical COVIDSafe Requirements

Attendance at the clubhouse

You may not attend the clubhouse if:

- you have been overseas or interstate to Victoria, unless you have received a negative COVID-19 test result after waiting at least 14 days since returning
- you have attended any of the reported case locations on the NSW Health website during the indicated times, unless you have followed the requirements in respect of that case location as set out on the NSW Health website
- you have any of the following symptoms, however mild: fever, cough, sore throat, shortness of breath, loss of smell or taste, fatigue, runny nose, muscle pain, joint pain, headache, diarrhoea, nausea/vomiting, or loss of appetite, unless you have received a negative COVID-19 test result since the symptoms appeared
- you have been in contact with anyone with COVID-19, unless you have received a negative COVID-19 test result after waiting at least 14 days since your contact

Skippers are responsible for ensuring sailors do not come if even slightly unwell, and for discouraging spectators.

Please look out for your fellow members by staying home if you feel the least bit unwell or if anyone in your immediate family or work colleagues has COVID-19 or has been in contact with a known COVID-19 patient.

Travel to and from the clubhouse

We request you to avoid the use of public transport to and from the club, where possible.

Participants should also continue to avoid shared travel arrangements such as car-pooling,

Checking in

On arrival and before entering the clubhouse or boatshed, you must sign in with an active mobile number.

This should be the first and most important job of the Covid Safety Marshal and skippers and will allow us to adhere to our requirement to maintain contact tracing records.

Registration stations can be found at each of the club entries and is a **mandatory requirement** of entering the club.

How to check in with a mobile phone:

- Open the camera on your phone
- Scan the QR code found at reception, at the boatshed door or at the entrance to the back deck
- Complete the details requested on screen and submit

If you do not have a smart phone:

- Compose a text message with your name and phone number
- Send this as an SMS to the dedicated number printed on the QR poster

We capture and securely store your data with the date and time of check-in. Data is collected, stored and deleted as per Government Guidelines.

Capacity limitations

The Order outlines the following requirements for a community sporting activity (indoors or outdoors) that involves a gathering of more than 20 participants:

- The gathering must not exceed a total of 500 participants, which includes:
 - a person engaged in the sporting activity, and
 - an official (including a volunteer) involved in the conduct or organisation of the sporting activity, and
 - a spectator of the sporting activity.
- You must adhere to the 500-person limit for community sport activities (including participants, officials and spectators) and/or adhering to the one person per four square metre rule in indoor spaces. Capacity limits are posted at the entrances to the indoor areas.
- There is a limit of 30 people allowed in the boatshed at one time. As the boatshed is subject to a capacity limit of 30 people at a time, priority will be given to people preparing and rigging the boats for the race.



- The men's changeroom is open but limited to 6 people at one time
- The ladies' changeroom is open but limited to 4 people at one time.
- Social distancing of 1.5m between people must also be implemented at all times when on shore and in the indoor areas, including boatshed, clubhouse, changerooms, restaurant, balcony and deck.
- An appropriate CovidSafe plan is in place for the deck and the main restaurant area and entry by sailing participants is subject to this plan including capacity limits. The restaurant has a 55 person capacity limit with everyone seated and groups of no more than 10 people at one time. The deck is limited to 22 people at one time.
- When entering the clubhouse, the clubhouse specific (Sydney Flying Squadron & Foys Kirribilli) CovidSafe plan applies, including maintaining cleanliness and personal hygiene policies, social distancing measures and abide by indoor capacity limitations of the clubhouse.

Socialising, social distancing 1.5m and 4sqm

- Participants are encouraged not to spend additional time at the venue outside of sailing activities, unless a prior booking has been made, and to minimise social gatherings before and after the event.
- Please try to arrive dressed and ready to go as use of the changerooms and bathrooms is limited based on 4 SQM capacity - 'Get In, Sail, Get Out'
- Participants and spectators are to ensure that physical distancing of at least 1.5 metres is maintained between people that do not come from the same household. This includes both inside the club and in the park.
- The 4 square metre rule applies to premises including the clubhouse. However, neither the park nor the skiffs themselves constitute premises so do not need to observe that rule but social distancing should be observed wherever possible.
- It is important to avoid inter-mingling between groups on land. Wherever possible please observe the 1.5m social distancing or wear a mask where this is not possible. NSW Health recommendations say that where social distancing cannot be met, a mask is not compulsory but is strongly recommended. This is consistent with material from Sailing Australia.
- As The Killara and Rippleside are enclosed, passengers and crew on board are required to comply with capacity and social distancing rules.
- Full contact allowed during training and competition with no limits on crew numbers.

Sanitising and cleaning

- Practice good hand hygiene before, during and after sailing.
- Hand sanitiser will be provided at the club and must be used prior to entry and prior to and after touching any surfaces or equipment at the club
- A rigorous and CovidSafe registered cleaning regime is in place for the whole club



Training or competing in sailing activity

- Ensure you check in using the QR code when you arrive in the park, even if you don't then enter club. Check in is a mandatory requirement of attendance and participation.
- Social distancing of 1.5m when not training or competing must be adhered to at all times.
- Minimise contact when moving boats in or out of the boatshed and no more than 3 well separated boats on the ramp at any time (if needed stay away till clear)
- All rigging and boat preparation activities to be done outdoors (even if it is raining).
- Full contact allowed during training and competition with no limits on crew numbers.
- Do not share drinks, towels, clothing etc.
- Do not share tools or equipment, etc.
- Minimise spectators wherever possible.
- No face-to-face social activities relating to community sports (e.g. award ceremonies, bbq's, end-of-season social gatherings, post-training group dinners, open-days) can take place.
- The Commodore's race briefing will take place in the park as usual. Please maintain social distancing wherever possible
- The BBQ will not take place.

In summary

- You must register on arrival using the QR code posted at all entrances.
- Contact tracing records must be kept;
- You must follow the one person per 4 square metres rule ashore to ensure sufficient physical distancing between people.
- You must follow the capacity limitations of the indoor spaces.
- Activities are limited to small individual groups wherever possible; 10 indoors, 20 outdoors.
- Practice good hand hygiene before, during and after sailing.
- Avoid physical contact wherever possible.
- Do not share drinks, towels, clothing, equipment, tools etc.
- Each week, there will be a rostered COVID-19 Safety Marshal to make sure everyone is complying with these restrictions